

STOP THE FLU



Wash your hands



Cover your coughs and sneezes



Stay at home if you are sick

COLOURING IN

HOW DID THE PIG GET ON THE ROOF?
The swine flu

WHEN IS A VAMPIRE SICK?
When he's coffin.

WHAT ILLNESS DID THE MARTIAL ARTIST GET?
Kung Flu



DID YOU KNOW?

The influenza vaccination is free to people living in Canterbury who are over 65 years, under 18, pregnant, have a chronic illness such as asthma or diabetes until 31 July.

School-age children and young people are the biggest spreaders of germs in a community – they are together for long periods of time; personal hygiene is not always their top priority and they are generally social beings out of school hours.

It takes two weeks to be protected from influenza after having your flu immunisation.

Children under 9 years of age, who were not vaccinated last year, need two vaccinations before they are protected.

Make an appointment with your General Practice team today.

KNOCK KNOCK
Who's there?
CATCH
Catch who?
BLESS YOU.

KNOCK KNOCK
Who's there?
ASH
Ash who?
THAT'S TWICE YOU'VE SNEEZED,
DO YOU HAVE A COLD?

WORDFIND PUZZLE

FIND THESE WORDS IN THE BOX BELOW.

- Cough
- Nurse
- Cover
- Flu
- Bed
- Clean
- Vaccine
- Sneeze
- Doctor
- Hands
- Fun



H	Z	V	C	G	U	H	X	E	L
A	A	R	O	T	C	O	D	N	H
N	U	V	V	M	B	U	A	I	N
D	P	N	E	G	T	X	M	C	T
S	E	U	R	N	S	U	B	C	L
B	P	F	A	M	P	D	A	A	D
F	U	E	M	O	H	P	N	V	W
N	L	E	Z	E	E	N	S	A	J
C	K	U	C	O	U	G	H	E	H
H	V	E	P	P	N	U	R	S	E