

# STOP THE FLU



Wash your hands



Cover your coughs and sneezes



Stay at home if you are sick

## COLOURING IN

WHAT ILLNESS DID THE MARTIAL ARTIST GET?  
Kung Flu



## DID YOU KNOW?

The influenza vaccination is free to people living in Canterbury who are over 65 years, under 18, pregnant, have a chronic illness such as asthma or diabetes until 31 July.

School-age children and young people are the biggest spreaders of germs in a community – they are together for long periods of time; personal hygiene is not always their top priority and they are generally social beings out of school hours.

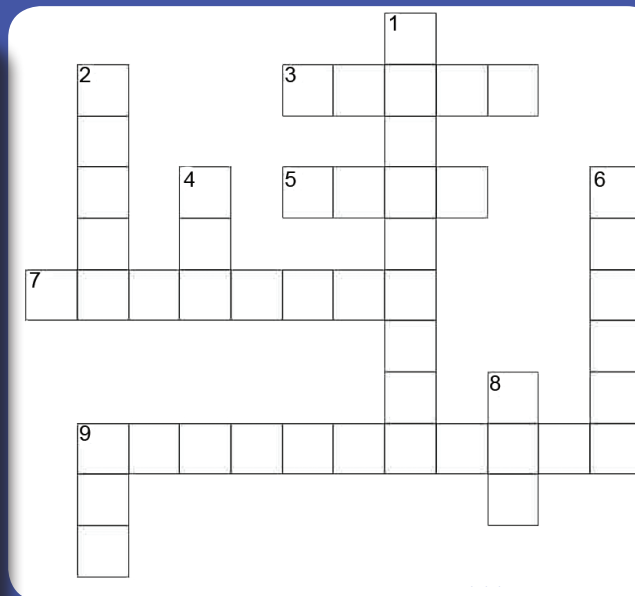
It takes two weeks to be protected from

influenza after having your flu immunisation.

Children under 9 years of age, who were not vaccinated last year, need two vaccinations before they are protected.

Make an appointment with your General Practice team today.

## CROSSWORD PUZZLE



### CLUES: ACROSS

- 3 Wash these often to protect yourself from the Flu
- 5 There is a difference between a .... and the Flu
- 7 One thing you get when you have the Flu
- 9 You get a ..... when you get sick

### DOWN

- 1 The full name for the Flu
- 2 Can give you your Flu vaccination
- 4 Where you will end up if you catch the Flu
- 6 Best to sneeze into this
- 8 If you get sick you miss out on this
- 9 It takes this many weeks to be safe from the Flu after your vaccination

**HOW DID THE PIG GET ON THE ROOF?**  
The swine flu

**WHEN IS A VAMPIRE SICK?**  
When he's coffin.

**KNOCK KNOCK**  
Who's there?  
**CATCH**  
Catch who?  
**BLESS YOU.**

**KNOCK KNOCK**  
Who's there?  
**ASH**  
Ash who?  
**THAT'S TWICE YOU'VE SNEEZED,**  
**DO YOU HAVE A COLD?**